



# **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-65 MASTER 3B NORTHEAST REGIONAL EQUIPPED RECORD  
292.5 KG TOTAL**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP  
05/19/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport