



# **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**CHRISTINE HARMS**

Has Established The

**-70 MASTER 3B MIDWEST REGIONAL RAW RECORD  
132.5 KG DEADLIFT**

**2019 RAW NATIONALS  
10/16/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport