



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**FRED LAMBERT**

Has Established The

**-75 MASTER 4A MIDWEST REGIONAL RAW RECORD  
155 KG DEADLIFT PUSH-PULL**

**MICHIGAN BARBELLUM**

**09/10/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport