



## **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**SHARON HERNSTADT**

Has Established The

**-75 MASTER 5A NORTHEAST REGIONAL RAW RECORD  
32.5 KG SQUAT**

**CONNECTICUT LADIES OF IRON, STATE CHAMPIONSHIPS & MAY SHOWDOWN  
05/04/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport