



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHAHEED BRYANT**

Has Established The

**-56 OPEN NORTHEAST REGIONAL RAW RECORD  
142.5 KG BENCH PRESS SINGLE LIFT**

**MID ATLANTIC REGIONAL CHAMPIONSHIP  
07/07/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport