



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHAWNJAY HOLTHAM**

Has Established The

**-82.5 POLICE AND FIRE SOUTHEAST REGIONAL RAW RECORD  
187.5 KG BENCH PRESS**

**NORTH CAROLINA STATE CHAMPIONSHIPS  
03/23/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport