



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAMPE**

Has Established The

**-125 MASTER 2B SOUTHEAST REGIONAL RAW RECORD  
232.5 KG SQUAT**

**MEGA NATIONALS  
06/08/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport