

NATIONAL RECORD CERTIFICATE

THIS CERTIFIES THAT

AHMED SHAFIK

Has Established The

-82.5 MASTER 1A SOUTHWEST REGIONAL RAW RECORD 192.5 KG BENCH PRESS SINGLE LIFT

VALENTINE'S DAY LOVER'S QUARREL 02/14/2015



www.usapowerlifting.com

America's Choice Drug Free Strength Sport