

## NATIONAL RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **BILL HELMICH**

Has Established The

## -110 MASTER 4 SOUTHWEST REGIONAL RAW RECORD 115.5 KG BENCH PRESS SINGLE LIFT

NUAL IPF/NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMI 07/07/2015



America's Choice Drug Free Strength Sport