



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RUTH KIRBY**

Has Established The

**-52 MASTER 3A WEST REGIONAL RAW RECORD  
167.5 KG TOTAL PUSH-PULL**

**WASHINGTON STATE CHAMPIONSHIP  
10/05/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport