



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MILES NGUYEN**

Has Established The

**-90 TEEN 3 WEST REGIONAL RAW RECORD  
185 KG BENCH PRESS**

**COLLEGIATE NATIONALS  
04/13/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport