



# **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**CHRIS TRAN**

Has Established The

**-56 OPEN SOUTHEAST REGIONAL EQUIPPED RECORD  
230 KG DEADLIFT SINGLE LIFT**

**PALM SPRINGS, CA  
01/01/2010**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport