

## NATIONAL RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **HELENA LABRINY**

Has Established The

-100 TEEN 3 SOUTHEAST REGIONAL RAW RECORD 192.5 KG DEADLIFT SINGLE LIFT

> 2017 RAW NATIONAL CHAMPIONSHIPS 10/10/2017



www.usapowerlifting.com

America's Choice Drug Free Strength Sport