



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LIZ WILLET**

Has Established The

**90+ OPEN NATIONAL CHAMPIONSHIP (2011)  
285.5 KG SQUAT**

**Â**

**02/01/2004**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport