



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LIZ WILLET**

---

Has Established The

**90+ OPEN NATIONAL CHAMPIONSHIP (2011)  
175 KG BENCH PRESS**

**Â**

**01/01/2003**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport