



# CONNECTICUT STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BRUCE MILARDO**

Has Established The

**-100 MASTER 3A**

**Raw Record**

**195 KG DEADLIFT SINGLE LIFT**

**DENNIS GLEASON MEMORIAL**

**08/05/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport