



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TO BE SET**

---

Has Established The

**-56 MASTER 3A MILITARY NATIONAL CHAMPIONSHIP  
0 KG SQUAT**

**Â**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport