

## CONNECTICUT STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **JOHN LEMBO**

Has Established The

-83 JUNIOR RAW RECORD (2015-2021) 115 KG BENCH PRESS SINGLE LIFT

2016 NATURALLY HARDCORE CLASSIC 02/27/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport