



AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

DONALD BIGHAM

Has Established The

**-83 MILITARY OPEN RAW (2015-2021)
257.5 KG SQUAT**

**ARNOLD - STARTING STRENGTH.COM PRO RAW CHALLENGE
03/04/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport