

OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

BEN FRIEL

Has Established The

-66 TEEN 1 RAW RECORD (2015-2021) 87.5 KG BENCH PRESS SINGLE LIFT

ARNOLD - NEXTLIFTER OHIO CLASSIC PUSH-PULL 03/06/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport