



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BEN FRIEL**

Has Established The

**-66 TEEN 2 RAW RECORD (2015-2021)  
87.5 KG BENCH PRESS SINGLE LIFT**

**ARNOLD - NEXTLIFTER OHIO CLASSIC PUSH-PULL  
03/06/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport