



MARYLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ISMAEL ABDULMALEK

Has Established The

**120+ MASTER 1A RAW RECORD (2015-2021)
257.5 KG SQUAT**

**2007 MARYLAND STATE POWERLIFTING CHAMPIONSHIPS
12/08/2007**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport