

MARYLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

HOWARD STURMAN

Has Established The

-93 MASTER 1B EQUIPPED RECORD (2015-2021)
200 KG BENCH PRESS PUSH-PULL

2007 MARYLAND STATE POWERLIFTING CHAMPIONSHIPS
12/08/2007



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport