



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NICOLE RUTHERFORD**

Has Established The

**-60 TEEN 3 RAW RECORD  
95 KG DEADLIFT**

**2013 MARYLAND STATE POWERLIFTING CHAMPIONSHIPS**

**11/23/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport