



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN JARBOE**

Has Established The

**-56 OPEN EQUIPPED RECORD  
370 KG TOTAL**

**Â**

**03/09/1996**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport