



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**W. SIMS**

Has Established The

**-56 OPEN**

**Equipped Record**

**108.86 KG DEADLIFT PUSH-PULL**

**Â**

**07/15/1995**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport