



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HEIDI LEWIS**

Has Established The

**-84 TEEN 3**

**Equipped Record (2015-2021)**

**390 KG TOTAL**

**MUWC RED HAWK OPEN**

**11/14/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport