



## PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SYDNEY SHADE**

Has Established The

**-72 JUNIOR**

**Raw Record (2015-2021)**

**65 KG BENCH PRESS**

**TERRAPIN OPEN**

**03/05/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport