



## PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**EMILY KRYSA**

Has Established The

**-72 JUNIOR**

**Raw Record (2015-2021)**

**137.5 KG SQUAT**

**PENNSYLVANIA STATES CHAMPIONSHIPS**

**03/19/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport