



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**G. MICHAEL SHIREY**

Has Established The  
**-105 MASTER 1A**  
**Raw Record (2015-2021)**  
**137.5 KG BENCH PRESS SINGLE LIFT**  
**PENNSYLVANIA STATES CHAMPIONSHIPS**  
**03/19/2016**



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