



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KYLE NELSON**

---

Has Established The

**-56 TEEN 1**

**Equipped**

**185 KG SQUAT**

**NEENAH, WI**

**06/12/2010**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport