



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**IAN BELL**

---

Has Established The

**-90 TEEN 3 EQUIPPED  
350 KG DEADLIFT**

**"SOUTHSIDE CLASSIC" SAN ANTONIO, TX  
12/17/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport