



# LOUISIANA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BLAKE RICARLDE**

Has Established The  
**-66 JUNIOR**  
**Equipped Record (2015-2021)**  
**145 KG BENCH PRESS**  
**2016 COLLEGIATE NATIONALS**  
**04/14/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport