



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

MK LANDER

Has Established The

**-84 MASTER 1A EQUIPPED RECORD (2015-2021)
247.5 KG TOTAL PUSH-PULL**

**2015 RAW NATIONALS
10/15/2015**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport