

OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

HEIDI LEWIS

Has Established The

-84 TEEN 3 EQUIPPED RECORD (2015-2021)
172.5 KG DEADLIFT PUSH-PULL

MUWC RED HAWK OPEN 11/14/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport