

## NORTH CAROLINA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## KAREN POYNER

Has Established The

-47 MASTER 2A EQUIPPED RECORD (2015-2021)
52.5 KG BENCH PRESS SINGLE LIFT

2016 NORTH CAROLINA STATE CHAMPIONSHIPS 06/04/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport