



## **NEW MEXICO STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**BILL HELMICH**

Has Established The

**-105 MASTER 4B EQUIPPED RECORD (2015-2021)  
147.5 KG BENCH PRESS SINGLE LIFT**

**IPF MASTER WORLDS (TALLINN ESTONIA)  
10/03/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport