

## **OHIO STATE RECORD CERTIFICATE**

## THIS CERTIFIES THAT

## **ADEEL BARI**

Has Established The

## -59 TEEN 3 EQUIPPED RECORD (2015-2021) 182.5 KG DEADLIFT SINGLE LIFT

2016 MID-WEST & CENTRAL REGION CHAMPIONSHIPS 11/05/2016



www.usapowerlifting.com America's Choice Drug-Free Strength Sport