



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ADEEL BARI

Has Established The

-59 JUNIOR

Raw Record (2015-2021)

95 KG BENCH PRESS SINGLE LIFT

2016 MID-WEST & CENTRAL REGION CHAMPIONSHIPS

11/05/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport