

OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ADEEL BARI

Has Established The

-59 OPEN RAW RECORD (2015-2021) 95 KG BENCH PRESS PUSH-PULL

2016 MID-WEST & CENTRAL REGION CHAMPIONSHIPS 11/05/2016



www.usapowerlifting.com America's Choice Drug-Free Strength Sport