

## OHIO STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **HEIDI LEWIS**

Has Established The

84+ TEEN 3 RAW RECORD (2015-2021) 77.5 KG BENCH PRESS PUSH-PULL

> NO FRILLS RED HAWKE OPEN 12/04/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport