

## PENNSYLVANIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **CLAUDE WELCOME**

Has Established The

## -93 MASTER 2B RAW RECORD (2015-2021) 145 KG BENCH PRESS SINGLE LIFT

2016 NAPF BENCH PR<mark>ESS CHAMPIONSHIPS (S</mark>AN JOSE, COSTA RICA 10/28/2016

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