



PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

DONALD SHIRK

Has Established The

**-74 MASTER 5A RAW RECORD (2015-2021)
52.5 KG BENCH PRESS SINGLE LIFT**

**2016 PHILADELPHIA LOVE CHAMPIONSHIP
12/17/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport