



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DONALD SHIRK**

Has Established The

**-74 MASTER 4B**

**Raw Record (2015-2021)**

**225 KG TOTAL**

**2016 PHILADELPHIA LOVE CHAMPIONSHIP**

**12/17/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport