

MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KNUTE DOUGLAS

Has Established The

-83 JUNIOR EQUIPPED RECORD (2015-2021) 207.5 KG BENCH PRESS SINGLE LIFT

2013 MENS TEEN & JR NATIONALS - 6/21/13 01/01/2013



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport