



## ILLINOIS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**IOSIF PLAGOV**

Has Established The

**-74 MASTER 3A**

**Raw Record (2015-2021)**

**97.5 KG BENCH PRESS SINGLE LIFT**

**IPF CLASSIC BENCH WORLDS - SOUTH AFRICA**

**05/15/2016**



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