



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MITCHELL NELSON**

Has Established The

**-83 YOUTH 3**

**Raw Record (2015-2021)**

**140 KG SQUAT**

**YOUTH NATIONALS**

**02/18/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport