



NEW JERSEY STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

EMILY HO

Has Established The

**-47 JUNIOR RAW RECORD (2015-2021)
62.5 KG BENCH PRESS SINGLE LIFT**

**2017 COLLEGIATE NATIONAL CHAMPIONSHIP
04/07/2017**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport