



# VIRGINIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEFFREY HAMMOND**

Has Established The

**-74 TEEN 3**

**Raw Record (2015-2021)**

**245 KG DEADLIFT**

**EXILE OPEN**

**03/18/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport