



# ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN ARNOLD**

Has Established The

**-57 MASTER 1B RAW RECORD (2015-2021)  
52.5 KG BENCH PRESS SINGLE LIFT**

**2ND IPF WORLD CLASSIC BENCH PRESS. KILLEEN, USA  
04/17/2017**



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